

July 10, 2022

KIBC Sunday Worship Service

Title: “Where Does Our Help Come From?”

Text: Psalm 121:1-2, John 1:1-5 (NIV)

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121:1 “I lift up my eyes to the mountains—
where does my help come from? 2 My help
comes from the Lord, the Maker of heaven and
earth.”

INTRODUCTION:

Our main text is from Psalm 121:1-2. This
Psalm’s was written as a song of ascents.

Ascent means a climb or walk to the summit of
a mountain or hill. The best advantage point to

a winning a battle or for finding your way if you are lost is to get to the highest ground. **Psalm 121:3-4(NIV)** “He will not let your foot slip—he who watches over you will not slumber; indeed, he who watches over Israel will neither slumber nor sleep. This is a psalm that is a song. Do not worry I am not going to sing. But Theologians believed that David wrote this song during either a time of battle or for the people who were on a pilgrimage to Jerusalem. Jerusalem is the city on a hill regardless for what the occasion was the psalm written. Which transitions us to our points for today’s message.

Illustration:

In the summer of 2018, Kimberly and I were in a car accident. We were hit head on. The other driver who was high on drugs pulled into our

lane and hit us head on. There are so many miracles that happened that day. It would take our whole time together to tell you. The first thing after the shock of being hit head on, was to Cry out to God, because our help comes from the Lord. We have recovered from the accident because our help comes from the Lord.

First: Where Our Help Does Not Come From:

Isaiah 8:19 “When someone tells you to consult mediums and spiritists who whisper and mutter, should not a people inquire of their God? Why consult the dead on behalf of the living? 20 Consult God’s instruction and the testimony of warning. If anyone does not speak according to this word, they have no light of the dawn.”

I have told you these things, so that in me you may have peace. In this world you will have

trouble. But take heart! I have overcome the world.” John 16:33 (NIV)

Seek The Lord, for that is where our help comes from. God

Second: Our help comes from the Maker of Heaven and Earth.

Illustration:

In 2011, I am sure you remember the devastation of the Tsunami, the Earthquake and the Nuclear Power Plant Melt Down that struck Japan near Tokyo. I was in language study when that all happened. The building began to shake and move. I knew that it was not just a jolt or a quick

tremor by the look on my Language Teacher's face and as he told me to get under the table. The first thing we did! Cried out to God for that is where our help comes from.

Psalm 121:1-4

1. I lift up my eyes to the mountains—where does my help come from? 2 My help comes from the Lord the Maker of heaven and earth.

Genesis 1:1 (NIV), "In the beginning God created the heavens and the earth."

My Dad was a very funny man with a profound sense of humor. He was a big

baseball fan so am I. He would say, “you know that God loves baseball? He even mentions baseball in the Bible?”

Genesis 1:1, “In the BIG INNING God.....”

God is the Maker of Heaven and Earth.

Psalm 33:6-9 (NIV), 6 By the word of the Lord the heavens were made, their starry host by the breath of his mouth. 7 He gathers the waters of the sea into jars he puts the deep into storehouses. 8 Let all the earth fear the Lord; let all the people of the world revere him.

By the word of the Lord the heavens were made. That is who I want to cry out to for help!

He created the stars... and he has named them.

Psalm 147:4 (NIV) 4 He determines the number of the stars and calls them each by name.

Illustration:

Now when we lived in Tokyo, I could see about ten stars on a clear night. That was because of the city lights, but when you go to the mountains away from the city? Wow there is so way to number the

stars we can see and that is just in our galaxy. Scientists tell us that there are billions of stars and galaxies.

The Maker of Heaven and Earth. God, that is who I will cry out to.

Third: We Set Our Eyes on Jesus.

Psalm 121: 1-2 (NIV) 1. I lift my eyes to the mountains—where does my help come from? 2 My help comes from the Lord, the Maker of heaven and earth.

Jesus was with God when he created the heaven and the earth

John 1:1-5, “In the beginning was the Word (Jesus), and the Word, and the Word (Jesus) was with God, and the Word (Jesus) was God. 2 He was with God in the beginning. 3 Through him (Jesus) all things were made; without him (Jesus) nothing was made that has been made. 4 In him (Jesus) was life, and that life was the light of all mankind. 5 The light shines in the darkness, and the darkness has not overcome it.

So, Jesus came to earth to die for our sins on a cross that was on a hill. So, we lift our eyes to the hills of Calvary for our help and salvation.

We set our eyes on Jesus on the cross on Golgotha the place of the skull. Which is on

Calvary's Hill. Golgotha is also called the place of the skull.

Mark 15:22, Matthew 27:33, and John 19:17. Golgotha is a skull shaped hill in biblical Jerusalem. Cranium, the part of the skull enclosing the brain. In Latin it is Calvariae Locus from which in English from Calvary comes from. Calvary's Hill. We look at what Jesus did for all of us on the cross. He paid for our sins and gave us new life.

Conclusion: Who do you call out for help? It should be God the maker of heaven and earth. And Jesus, our only hope of salvation.

Acts 4:12 (NIV), “12 Salvation is found in no one else (Jesus) for there is no other name under heaven given to mankind by which we must be saved.”